



Cumann Iománaíochta agus Peile Cill Dairbhre

Cathaoirleach: Seán Céitinn
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Kildorrery GAA Summer Camp

Kildorrery GAA Summer Camp – *Tuesday 2nd July to Saturday 6th July, 10.00am to 2.30pm.*

Attendance is open to primary school children aged 6 years to 13 years.

Kildorrery GAA summer camp provides boys and girls – between the ages of 6 and 13 – with an action-packed and fun-filled week of activity during the summer holidays which revolves around maximising enjoyment and sustaining participant involvement in Gaelic Games

Activities are GAME - BASED – strong emphases are placed on skill acquisition - and are organised in an age appropriate manner with a view to:

- optimising **learning**
- enhancing **friendships**
- improving physical & psychological **well being**
- promoting **school and club** links

Key features about Kildorrery GAA summer camp

- The camp is structured so that a different aspects of the game is worked on each day.
- The programme involves coaching specific skills of the game and the opportunity for children to put into practice what they have learned through small sided games.
- On Wednesday 3rd all the children will be going to the Glen Resource Centre Cork for a day of outdoor activities. For more info on this day go to www.glencentre.ie
- On the last day '**Saturday**' of the camp a "blitz" will be organised to provide each child with an introduction to competitive games.

What To Bring

- Packed lunch + drink
- Hurley and helmet for hurling
- **Mouthguard** for Football
- Suitable playing gear, tracksuit, shorts, runners, boots
- Rain jacket and changes of gear on wet days
- Sun cream/baseball hat, Towel, Water

Coaches

All coaches are Garda vetted and have completed coaching courses.
There will be both male and female coaches

COST:

€55 for 1st child; €45 for 2nd child; €40 for 3rd and subsequent children. There will be an extra charge of €10 per child for non-members of Kildorrery GAA to cover insurance. All children will get a polo shirt with a Kildorrery GAA logo each, also included is the day trip to the Glen Resource Centre.



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Please return completed forms to Camp Co-Ordinator Peter Watson at Monday Training Sessions or by Post to: Knockanevin, Kilmallock, Co Limerick.